



— EARLY ALPINE —

Taking non-linear learning to new heights.

In-Depth Illness Policy

These policies were created following the Montana state childcare licensing regulations, CDC guidelines, and to protect all children and staff members while attending Early Alpine.

Abnormal Behavioral Changes and Excessive Fussiness

When to send home: When the child is uncontrollable crying and inconsolable for over two hours, if the child is unwilling to participate in activities due to being extremely lethargic and upset

When to return: As soon as they're feeling better and able to participate in daily activities

Cough

When to send home: When the child has a bark like cough and/or is coughing excessively throughout the day which causes concern for teachers, also includes if they're coughing so hard they're gagging themselves

When they can return: When the cough is cleared by doctors to be non contagious and safe for the children to run and play at school

Bronchitis: 5 days after initial symptoms appear the child can return

Croup: Three days after fever breaks

Whooping cough: Antibiotics used for at least five days before return to center

Breathing Issues

When to send home: When the child is struggling to breathe or wheezing

When they can return: When the child has been cleared by a doctor to return

Asthma: We ask you bring in a doctor's note and an inhaler we can use at school if this is a recurring issue (Please make sure to fill out a medication administration form)

RSV: We require children with RSV to stay home for 8 days as the CDC claims this is when individuals are contagious

Pneumonia: Child can return when they have been on antibiotics and fever has been broken for two days

Conjunctivitis (Pink Eye)

When to send home: When the eye of a child is draining pus like substances from the eye and the white of the child's eye is red or pink

When they can return: 24 hours after beginning treatment (eye drops) and with doctor's note saying they are no longer contagious

COVID-19

When to send home: When exhibiting any COVID-19 symptoms such as fever, continuous cough, breathing issues,

When they can return: Must stay home for 5 days after receiving a positive COVID-19 test result. After the 5 days, as long as the child is fever free for 24 hours without medications AND symptoms have resolved, the child can return with a mask on for 5 days. If the child is too young or unable to wear a mask for their duration of time at school they must continue to quarantine for 5 additional days, totalling 10 days. The child is contagious for 10 days from symptoms onset OR positive test. If the child is still exhibiting symptoms beyond 10 days, must quarantine until 24 hours symptom free without medication.

If a child is experiencing multiple symptoms associated with a communicable disease such as COVID-19 or Influenza, the school has the right to require quarantine for 10 days but return earlier with a doctor administered test proving the child is negative for COVID-19 and Influenza.

Diarrhea

When to send home: When child has two diarrhea (completely liquid, soaked into underwear, diaper, or no solid in toilet) episodes at school within the day

When they can return: No diarrhea for 24 hours without medication, or cleared by doctor with note to prove it is not caused by an illness

Ear Infection

When to send home: When the child is abnormally fussy and pulling at a given ear, when temperature is taken one ear is 2 degrees hotter than the other

When they can return: 24 hours after beginning antibiotics (prescribed ear drops)

Fever 100.4 or above

When to send home: If fever reaches 100.4 or higher (temperatures are taken by both the child's teacher and double checked by management to confirm fever)

When they can return: When fever has been cleared for 24 without the assistance of tylenol, ibuprofen, or other fever reducing medications

Flu (Influenza) (All strains)

When to send home: When child is experiencing fever, cough, or abnormally lethargic behaviors

When they can return: Per CDC recommendations we ask you keep children home for 24 hrs after fever and accompanied symptoms subsides without the use of medication (such as fever/pain reducing medications)

Lice/ Bed Bugs

When to send home: When nits or eggs are detected in a child

When they can return: When all nits and eggs are completely gone and treatment has been completed

Rash

When to send home: When rash appears on body that is increasing in size or concerning (not diaper rash, eczema, known skin irritation)

When they can return: Doctors note mentioning that they are cleared and not contagious to teacher or other children

Other rashes that require extra attention:

Hand Foot Mouth: We do not allow a return to center until all sores are completely healed with a minimum of a 7 day quarantine period

Chicken Pox: We do not allow a return to center until all sores are completely healed

Shots of Vaccinations

Keep your child home after receiving shots or vaccines, looking for fevers and adverse reactions, if you have an appointment before school or pick up your child from school to receive a vaccine/shot we ask you keep them home for the remainder of the day, if they receive the shot after school, monitor for reactions, but can return the following day as usual. If the child has received *two doses* of a vaccine prior with no adverse reactions, a doctor's note will clear the child to return the day of vaccinations.

Strep

When to send home: When child is complaining of severe pain in their throat, fever is detected, or see white spots on back of throat

When to return: 24 hours after beginning antibiotics and with a doctor's note

Vomiting

When to send home: Vomit once at school or at home

When they can return: No vomiting for 24 hours, without medication to aid in nausea or vomiting.

*Doctor's notes are only valid for 30 days. If a child has a chronic, severe disease which involves a doctor's note and care plan, such as asthma, diabetes, etc. an annual doctor's note will be accepted.

*If your child has a medical or dental procedure done that requires numbing and medication, we ask you keep your child home to watch for adverse reactions. Usually with procedures that require numbing and medication, the child will be out of sorts and can be in pain, depending on the procedure, so we kindly ask you to keep them home.

*We can not accept a doctor's note to clear a child with a fever to return due to illness symptoms due to teething.

If your child has a contagious illness, please notify us immediately.

If a communicable illness has been exposed at the center, the director will send out a center-wide "health alert" and notify the health department. This is so all parents are able to watch for symptoms and can make the choice to

bring their child to Early Alpine or keep them home. Any child deemed to have a contagious illness will not be allowed to attend to protect all children and staff attending Early Alpine. If there is a withhold of a positive test result, Early Alpine reserves the right to terminate care to protect the children and staff that attend.

We will need you to pick up your child within an hour of notification if s/he is sick. In addition to having parent/guardian phone numbers on file, we will also need one local contact number that we can use in the event we cannot reach you to pick up your child. Return to Early Alpine will be based on guidance from the CDC and the Gallatin City-County Health Department. A doctor's note and medically administered COVID test must be provided to prove they do not have COVID before returning to the center.